BDL

NEXT STEPS

A 7-Day Guide for New Believers

KNOW JESUS. FOLLOW JESUS. GROW TOGETHER.

BIBLICAL DEVOTED LIFE

Welcome to Your New Life in Christ

This seven-day guide will help you establish a strong foundation for following Jesus. Set aside time each day to read, reflect, pray, and respond.

Your seven-day path

- Day 1: Jesus
- Day 2: Prayer
- Day 3: Born Again
- Day 4: The Bible
- Day 5: Filled with the Holy Spirit
- Day 6: Facing Temptation
- Day 7: Church

> Begin each day by asking God to help you understand and live what you read.

Day 1: Jesus

Trusting Jesus as Savior and Lord

• Believe that Jesus is the Son of God, that He died for your sins, and that God raised Him from the dead.

• Repent of sin and receive His forgiveness, help, guidance, protection, and strength.

• Tell someone how Jesus has changed you.

Scripture for today

John 3:16 - God loved the world and gave His only Son so that everyone who believes in Him may have eternal life.

Romans 10:9-10 - Confess Jesus as Lord and believe in your heart that God raised Him from the dead.

Philippians 2:9-11 - Jesus is exalted above every name, and every tongue will confess that He is Lord.

Reflect and respond

What is God showing me?

Day 2: Prayer

Build your relationship with God

• Talk to God honestly, as you would with a trusted friend.

• Praise Him, repent of sin, ask for help, and give thanks.

• Pray for God's will, trusting that His plan is good.

Scripture for today

Philippians 4:6 - Bring every request to God with prayer, petition, and thanksgiving.

1 Thessalonians 5:16-18 - Rejoice always, pray continually, and give thanks in every circumstance.

Matthew 6:9-13 - Jesus teaches us to honor the Father, seek His will, ask for daily provision and forgiveness, and seek protection from evil.

Reflect and respond

What is God showing me?

Day 3: Born Again

Live as a new person in Christ

• Approach God as a loving Father.

• Rest securely in the salvation and peace He gives.

• Leave the old life behind; love God fully and love your neighbor as yourself.

Scripture for today

Matthew 22:36-40 - Love the Lord with all your heart, soul, and mind; love your neighbor as yourself.

John 3:5-7 - Jesus teaches that we must be born of water and the Spirit - born again.

Reflect and respond

What is God showing me?

Day 4: The Bible

Let God’s Word shape your life

• Read Scripture at a consistent time each day.

• Take your time, ask questions, and invite God to reveal truth.

• Receive the Bible as the final authority for faith and practice.

Scripture for today

Hebrews 4:12 - The word of God is living and active, discerning the thoughts and intentions of the heart.

2 Timothy 3:16-17 - All Scripture is God-breathed and equips God’s people for every good work.

Psalm 119:9 - We stay on the path of purity by living according to God’s word.

Reflect and respond

What is God showing me?

Day 5: Filled with the Holy Spirit

Follow the Spirit who lives in you

• At salvation, the Holy Spirit comes to dwell within you.

• Listen for His leading and remember you are never alone.

• Ask God for strength to obey and understand the Spirit's work in your life.

Scripture for today

1 Corinthians 6:19 - Your body is a temple of the Holy Spirit, who is in you and is from God.
Ephesians 5:18 - Be filled with the Spirit.
Acts 4:31 - The believers were filled with the Holy Spirit and spoke God's word boldly.

Reflect and respond

What is God showing me?

Day 6: Facing Temptation

Resist with truth, prayer, and surrender

• Submit your life to God.

• Fill your mind with Scripture and draw strength from God through prayer.

• Leave old patterns behind and patiently retrain your mind.

Scripture for today

James 1:13-14 - God does not tempt anyone; temptation grows when desire draws us away.
1 Corinthians 10:13 - God is faithful and provides a way to endure temptation.
Matthew 26:41 - Watch and pray so that you will not fall into temptation.

Reflect and respond

What is God showing me?

Day 7: Church

Grow as part of the body of Christ

• Learn from other believers and experience the power of unity.

• Worship God through song, Scripture, prayer, and the Lord’s Supper.

• Encourage, support, and serve one another.

Scripture for today

Hebrews 10:24-25 - Gather faithfully and encourage one another toward love and good works.
Colossians 3:16 - Let the word of Christ dwell in you richly as you teach and worship together.
Matthew 18:20 - Where two or three gather in Jesus’ name, He is among them.

Reflect and respond

What is God showing me?

Keep Growing

Faith grows through daily surrender. Keep reading Scripture, praying, gathering with the church, and sharing what Jesus is doing in your life.

My next faithful step